

A Special Healing Blessing

May you be surrounded in comfort.

May you be filled with love.

May you feel the healing presence of those who hold you in their thoughts & prayers.

May these positive thoughts and blessings provide you with strength.

May you be sustained in health as you continue your healing journey.

May you relax.

May you be calm.

May you be serene.

May you rest as your body heals in your safe cocoon of comfort, love and strength.

May your body be transformed into one filled with love, happiness, joy and health.

May you continue to heal

Moment by moment

Hour by hour

Day by day

*Knowing that so many love you
and wait to welcome you*

May you feel loved.

May you be safe.

May you be protected.

May you be strong.

May you be healed.



Mommy, Daddy & Kaarina

This healing blessing was written our daughter, Kristiina during her ICN stay and placed over her bed where it remained until she was discharged. Copies were given to the ICN staff with our gratitude. We share this blessing other NICU families to use with their NICU baby. A printable version, is available at <http://www.journeyofhearts.org/nps/blessing.pdf>